

SSC Constable Exam Pattern:

Staff Selection Commission (SSC) Temporary Constables (GD) – Male and Female in Delhi Police Examination Pattern & Scheme of Examination are given below...

SSC Constable Examination Pattern & Scheme of Examination: The Computer based examination will consist of one objective type multiple choice paper containing 100 questions carrying 100 marks, with the following composition:

Subject	Number Of Questions	Maximum Marks	Time Allowed
General Knowledge/ Current Affairs	20	40 Marks	60 minutes
Reasoning	20	40 Marks	
Numerical Ability	20	40 Marks	
Computer Fundamentals, MS Excel, MS Word, Communication, Internet, WWW and Web Browsers etc.	20	40 Marks	

Note: All questions will be of Objective Multiple Choice Type. The computer based examination will be conducted in English and Hindi only.

- I. There will be negative marking of 0.50 marks for each wrong answer. Candidates are, therefore, advised to keep this in mind while answering the questions.
- II. The dates of examinations will be informed to candidates only through the website of the Commission.
- III. There shall be no provision for re-evaluation/ re-checking of the scores. No correspondence in this regard shall be entertained.

Physical Efficiency Test (PET)/ Physical Standard Test (PST):Based on the performance in CBE, candidates will be shortlisted for PET/ PST by the Commission. Physical Efficiency Test (PET) and Physical Standard Test (PST) will be conducted at various centres finalized by the CAPFs. Detailed scrutiny of candidates' eligibility/ documents will be undertaken at the time of DME. Therefore, it will be the responsibility of the candidates to verify their eligibility as prescribed in this notice before appearing for CBE/ PET/ PST. Candidates shortlisted for PET/PST will be asked to go through biometric verification followed by PET&PST. The PST shall include measurement of height, weight & Chest (as applicable).

Ex-servicemen who are shortlisted in the Computer Based Examination for PET/ PST will have to appear in PET/ PST for recording of measurement of Page 14 of 55 height, chest and weight only. There is total relaxation in PST/PET for Ex-serviceman. PET will not be held for these Ex-servicemen candidates. However, they will have to qualify the medical examination.

Physical Efficiency Test (PET): Candidates have to clear the race within the following time limits:

SL. No	Male	Female	Remarks
Race	5 Kms in 24 minutes.	1.6 Kms in 8 ½ minutes	For candidates other than those belonging to Ladakh Region.
Race	1.6 Kms in 6½ minutes	800 metres in 4 minutes	For candidates of Ladakh Region.

A women candidate, who as a result of tests is found to be pregnant of 12 weeks standing or over, shall be declared temporarily unfit and appointment be held in abeyance until the confinement is over. The vacancy against which a woman candidate was selected will be kept reserved for her. She will be re-examined for Physical Efficiency Test (PET) six weeks after the date of confinement, subject to the production of medical certificate of fitness from a registered medical

practitioner. If she is found fit, she may be appointed to the post kept reserved for and allowed the benefit of seniority in accordance with the instructions of the government, as amended from time to time.

Physical Standard Test (PST): Physical Standards for the posts are as follows:

Height:

1. Male: 170 cms

2. Female: 157 cms

Few categories of candidates are allowed relaxation in heights mentioned above.

Relaxed standard of height for such candidates are as follows:

Sl. No	Relaxation for	Male (CMS)	Female (CMS)
A.	All candidates belonging to Scheduled Tribes	162.5	150.0
B	All Scheduled Tribe candidates of North Eastern States (NE States)	157.0	147.5
C	All Scheduled Tribe candidates of Left Wing Extremism affected districts	160.0	147.5
D	Candidates falling in the categories of Garhwalis, Kumaonis, Dogras, Marathas and candidates belonging to the States/ UTs of Assam, Himachal Pradesh, Jammu & Kashmir and Ladakh	165.0	155.0
E	Candidates hailing from the North-Eastern States of Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim and Tripura	162.5	152.5
F	Candidates hailing from Gorkha Territorial Administration (GTA) comprising of the three Sub-Divisions of Darjeeling District namely Darjeeling, Kalimpong and Kurseong and includes the following "Mouzas" Sub-Division of these Districts : (1)Lohagarh Tea Garden (2) Lohagarh Forest (3) Rangmohan (4) Barachenga (5) Panighata (6) ChotaAdalpur (7) Paharu (8) Sukna Forest (9) Sukna Part-I (10) Pantapati Forest-I (11) Mahanadi Forest (12) Champasari Forest (13) SalbariChhatpart-II (14) Sitong Forest (15) Sivoke Hill Forest (16) Sivoke Forest (17) ChhotaChenga (18) Nipania.	157.0	152.5

Chest: Male candidates should have following standards of chest measurement:

1. Un-expanded: 80 cms

2. Minimum expansion: 5 cms

Few categories of candidates are allowed relaxation in chest measurement.

Relaxed standard of chest measurement for such candidates are as follows:

Sl.No	Relaxation for	Un- expanded (cms)	Minimum Expansion (cms)
A)	All candidates belonging to Scheduled Tribes	76	5
B)	Candidates falling in the categories of Garhwalis, Kumaonis, Dogras, Marathas and candidates belonging to the States/ UTs of Assam, Himachal Pradesh, Jammu & Kashmir and Ladakh	78	5
C)	Candidates hailing from North-Eastern Sates of Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim, Tripura and Gorkha Territorial Administration (GTA)	77	5

Chest measurement for female candidates will not be taken. However, it will be ascertained that the chest is well developed.

Weight: Proportionate to height and age as per medical standards.

Medical Examination: Candidates will be shortlisted for Detailed Medical Examination (DME) from the pool of candidates who qualify PET/ PST.

At the time of DME, following documents will be verified:

Matriculation/ Secondary Examination Certificate to prove age, name and educational qualification.

Domicile Certificate/ Permanent Resident Certificate (PRC) issued by the competent authority.

Valid NCC Certificate, if applicable.